




# COVID-19 Exposure at MVHS

- Your child has been identified as a contact of someone who tested positive for COVID-19.
- The last date they may have had contact with the virus was December 8, 2021
- Rapid point of care testing (POCT) will get your child back in school faster. Watch a sample rapid POCT video at: [www.gnb.ca/pointofcaretesting](http://www.gnb.ca/pointofcaretesting). (Rapid test product may differ.)
- **Public Health will NOT be contacting you by phone. These are the steps you or your child must take based on their vaccination status.**
- Individuals who have already had COVID-19 and have completed their isolation period will continue to test positive even though they are no longer infectious. These individuals are not required to test or isolate for 90 days after the date of their positive test if they provide proof of having a positive PCR COVID-19 test result.

<b>COVID-19 Vaccine</b> 	<b>Child is not vaccinated or PARTIALLY vaccinated</b>	<b>Child is FULLY vaccinated</b>
<b>Testing:</b> 	<ul style="list-style-type: none"> <li>• Child does a rapid test at home as soon as test is received</li> <li>• Do a second test the next morning.</li> <li>• Rapid test every morning until December 22,2021.</li> <li>• If rapid test result is positive or if one <a href="#">symptom</a> develops, <a href="#">isolate</a> and <a href="#">book a COVID-19 PCR test online</a> immediately..</li> <li>• In the Patient Profile, select "<b>School- Student or Staff</b>". Indicate that your child had a positive rapid POCT result or developed symptoms.</li> <li>• If you do not have access to a computer or need help, call 811</li> </ul>	<ul style="list-style-type: none"> <li>• No testing required if there are no symptoms.</li> <li>• If one symptom develops, isolate and book a COVID-19 PCR test online immediately. If you do not have access to a computer or need help, call 811.</li> </ul>
<b>Isolate for:</b> 	<ul style="list-style-type: none"> <li>• Self-isolate until your child has 2 negative rapid test results</li> <li>• Return to school and regular activities, do not visit long term care facilities</li> <li>• Self-monitor until December 22,2021 at 11:59 p.m.</li> <li>• If rapid test result is positive or if one <a href="#">symptom</a> develops, isolate and book a COVID-19 PCR test online immediately.</li> </ul> <p>Those who choose not to participate in the daily rapid testing program must stay home and self-isolate for 14 Days after last contact date. <a href="#">Isolation</a> ends at December 22,2021 at 11:59 p.m. after getting a negative Day 10 PCR test result. You must <a href="#">book a COVID-19 PCR test online</a> for day 10 of isolation December 18, 2021.</p>	<ul style="list-style-type: none"> <li>• Self-isolation not required, unless told to by Public Health.</li> <li>• Self-monitoring until December 22,2021 at 11:59 p.m.</li> <li>• If one <a href="#">symptom</a> develops, <a href="#">isolate</a> and <a href="#">book a COVID-19 PCR test online</a> immediately.</li> </ul>

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## How To Self-Isolate:

- Stay home and avoid contact with other household members (especially those who are not vaccinated).
- Wash hands often and wear a mask if you briefly need to share a common space.
- Other household members may go to work, school, etc. If anyone in the household starts showing symptoms, they should isolate and get tested for COVID-19.

If you have any questions, please leave a message at **1-833-901-1963**, Option 3; or email us at [EECD/EDPE-COVID19@gnb.ca](mailto:EECD/EDPE-COVID19@gnb.ca)

**This order has been given to you by Public Health under the authority of the Public Health Act and is required to be followed. \_Dr. Mckelvie RMOH**