Mental Illness Poster Project

Chosen Mental Illness: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

All Posters will be completed on Bristol Board (provided).

You may type the information and paste it onto the Bristol board or you may write the information neatly.

-Anxiety disorder - bipolar disorder

-Depression -Autism\Asperger’s

-Obsessive-compulsive disorder -Post-traumatic Stress Disorder (PTSD)

-Schizophrenia -post-partum depression

-Eating disorders - Attention deficit disorder\Hyperactivity disorder (ADD\ADHD)

-Alzheimer’s -Addictions (gambling, drugs, alcohol) -

Using the list above choose one mental disorder and verify with your teacher no other group had picked the same disorder. You will have two class periods in the computer lab to complete the research assignment. Due date: Sept 27th, 2016

Your Poster Must Include

**FRONT**

☐ Be visually attractive / catchy (graphics, slogans)

☐ Define the mental illness (in your own words, easy for someone your age to understand)

☐ Provide Canadian Statistic of the number of people affected by your mental illness

☐ List famous individuals who are diagnosed with your illness

**BACK**

☐ What factors contribute to or cause the illness?

☐ How does it "show" to others?

☐ What are the everyday struggles that someone with the illness faces? What does their life look like?

☐ What treatments exist and are most effective?

☐ How / Where can people get help?

☐ Provide a list of helpful resources for the individuals or their families

Marking-

Overall Product is visually attractive, neat and organized (including images and slogans) /5

Mental Illness is defined in student friendly language /2

Canadian Statistic is present /1

List of famous individuals who were diagnosed with the illness present /2

Mental illness is clearly explained in own language

- Factors that contribute /2

- How the illness presents itself /2

- Every day struggles /2

- Treatments listed and most effective treatment explained /2

- Useful Resources for individuals and families listed /2

Total = /20 marks

Resources to start with

Feel free to find your own resources, but please ensure that they are reputable resources

Canadian Mental Health Association: [www.cmha-bc.org](http://www.cmha-bc.org)

Depression and Anxiety Disorders: [www.feelingblue.com](http://www.feelingblue.com)

Depression: [www.fhs.mcmaster.ca/direct](http://www.fhs.mcmaster.ca/direct)

Centre for Mental Health and Addiction (CAMH)

Canadian Network for Mood and Anxiety Disorders: [www.canmat.org](http://www.canmat.org)

National Institute for Mental Health: www.nimh-nih.gov