



## POSITIVE IMPACT

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Crystal and Haillie

# Volunteering is fun, big time

Being a Big Brother or Big Sister is one of the most enjoyable things you'll ever do. Not to mention, one of the most fulfilling.

You have the opportunity to help shape a child's future for the better by empowering him or her to achieve. And the best part is, it's actually a lot of fun.

You and your Little can share the kinds of activities you already like to do.

Volunteering with a child can start something amazing. So why not apply to be a Big today.

There are kids out there ready to get started. Are you?

www.BBBSMiramichi.com

### **Jumpstart Day & FunZone**

Join us at Canadian Tire on May 31 to celebrate Jumpstart Day. Jump into fun with FunZone and help support a great cause!







# KidZone programs off to great start

KidZone programs are off to a great start! "Bubble, Fizzle, Blow", "Around the World", "Stuck on Glue' and "Fit for Life" are some of our best programs yet! Watch for our upcoming roster of Summer Programs.

www.BGCMiramichi.com





Go Girls at Nelson Rural School

### Go Girls enables girls to have a positive self-image

Big Brothers/Big Sisters *Go Girls! Healthy Bodies, Healthy Minds* is a mentoring program to encourage physical activity, healthy eating choices and the development of a positive selfimage, among girls ages 12 to 14.

Go Girls! combines fun, games and activities to stimulate relationship-building as well as self-reflection and group discussions about healthy living and emotional, social and cultural issues.



### **Babysitter's Training**

A great opportunity for any youth looking to gain some knowledge and understanding on the responsibilities of babysitting! Our next available course is going to be held at the Boys & Girls Club on May 24th. To register today call us at 778-2444 or go online to www.BGCMiramichi.com.



#### Jumpstart helps kids get into the game

Jumpstart helps kids get into the game by assisting with the costs for registration and / or equipment for sports . Whether it's the chance to try a sport for the very first time or to continue with a favourite physical activity, Jumpstart makes it possible for kids to participate. We see it as equipping kids for life because quality physical activity in kids does more than improve health and wellbeing; it helps build confidence, leadership, productivity and creativity! Canadian Tire & Jumpstart making it possible so every kid can play!

Is your household income below \$30,000? Apply at www.BGCmiramichi.com Deadline: May 30. www.BGCMiramichi.com