Grade 9 Personal Development

Mr. P. Bremner MVHS

"7 Habits of Highly Effective Teens

1. Introduction the Set-up

Get in the Habit p.3
Paradigms and Principles p.11

2. The Private Victory

The Personal Bank Account p.31

Habit #1 <u>Be Proactive</u> p.47 Habit #2 <u>Begin With the End in Mind</u> p.73 Habit #3 <u>Put First Things First</u> p.105

3. The Public Victory

The Relationship Bank Account p.131

Habit #4 Think Win-Win!
Habit #5 Seek First to Understand, Then to be Understood p.163
Habit #6 Synergize p.181

4. Self-Renewal

Habit #7 Sharpen the Saw p.205

5. Keep Hope Alive!

"Let's Live Program"

Evaluation

Journals	10%
Class work/Participation	20%
Project/Culminating Activities	50%
Tests	20%

100%