**Determining Importance**

Find the main ideas and supporting ideas in your article.

**Main Idea: the most important or central idea of a text.**

**Supporting Details: details from the story that support the main idea (quotes, statistics, facts)**

**SYNTHESIZE: What is your new understanding?** Answer the following question: Should the government introduce tougher regulations for energy drinks? Why or why not?

**Supporting Detail #1 (include a quote):**

**Supporting Detail #2 (include a quote):**

**Supporting Detail #1 (include a quote):**

**What is the main idea of the article?**